

# Protokoll

## 20. Essener Swim & Fun Days 2020 vom 13.03.2020 bis 15.03.2020

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### Wettkampfbecken

8 Bahnen á 50m  
Wellenkiller-Leinen  
Wassertemperatur ca. 26°C  
Automatische Zeitnahme

### Schwimmbad-Adresse

Von-Einem Strasse 77  
45130 Essen

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## 1. Veranstaltungsabschnitt: 13.03.2020

**Einlass / Einschwimmen: 14:00 Uhr**

**Kari-Sitzung: 14:15 Uhr**

**Einschwimmende: 10 Min. vor Beginn**

**Beginn: 15:00 Uhr**

## Anzahl Meldungen, Abschnitt 1

Teilnehmer: weiblich/männlich Meldungen: Einzel/Staffel

### Ausländische Vereine

Verein	Land	Teilnehmer	Abs.1
TriVia	NED	1/ 0	1/ 0
ZPC Nova	NED	1/ 0	1/ 0
<b>Gesamt für den Verband</b>		<b>2/ 0</b>	<b>2/ 0</b>

### Badischer Schwimm-Verband (LSV-Nr.: 1)

Verein	DSV-Id	Teilnehmer	Abs.1
SGR Karlsruhe	5087	6/ 4	11/ 0
SV Mannheim	4803	3/ 3	6/ 0
TSG Germania Dossenheim	4817	0/ 2	3/ 0
<b>Gesamt für den Verband</b>		<b>9/ 9</b>	<b>20/ 0</b>

### Landesschwimmverband Brandenburg (LSV-Nr.: 4)

Verein	DSV-Id	Teilnehmer	Abs.1
SC Potsdam	6541	1/ 1	2/ 0
<b>Gesamt für den Verband</b>		<b>1/ 1</b>	<b>2/ 0</b>

### Hessischer Schwimm-Verband (LSV-Nr.: 7)

Verein	DSV-Id	Teilnehmer	Abs.1
SG Frankfurt	4965	6/ 5	12/ 0
<b>Gesamt für den Verband</b>		<b>6/ 5</b>	<b>12/ 0</b>

### Saarländischer Schwimm-Bund (LSV-Nr.: 11)

Verein	DSV-Id	Teilnehmer	Abs.1
SSG Saar Max Ritter	4858	0/ 1	1/ 0
Team Saarland - Swimming	0	10/ 14	25/ 0
<b>Gesamt für den Verband</b>		<b>10/ 15</b>	<b>26/ 0</b>

### Landesschwimmverband Sachsen-Anhalt (LSV-Nr.: 13)

Verein	DSV-Id	Teilnehmer	Abs.1
SV Halle / Saale	3593	2/ 1	3/ 0
<b>Gesamt für den Verband</b>		<b>2/ 1</b>	<b>3/ 0</b>

### Schleswig-Holsteinischer Schwimm-Verband (LSV-Nr.: 14)

Verein	DSV-Id	Teilnehmer	Abs.1
SG Bad Schwartau	5196	0/ 1	1/ 0
<b>Gesamt für den Verband</b>		<b>0/ 1</b>	<b>1/ 0</b>

### Südwestdeutscher Schwimm-Verband (LSV-Nr.: 15)

Verein	DSV-Id	Teilnehmer	Abs.1
SG EWR Rheinhessen-Mainz	5137	12/ 11	25/ 0
SK Kaiserslautern	3293	1/ 1	2/ 0
<b>Gesamt für den Verband</b>		<b>13/ 12</b>	<b>27/ 0</b>

### Schwimmverband Nordrhein-Westfalen (LSV-Nr.: 17)

Verein	DSV-Id	Teilnehmer	Abs.1
Aachener SV 06	2641	0/ 2	4/ 0
SC Aqua Köln	6449	1/ 0	1/ 0
SG Bayer	2859	1/ 1	2/ 0
SG Dortmund	2636	3/ 3	9/ 0
SG Essen	2872	10/ 10	23/ 0
SG Gladbeck/Recklinghausen	7097	8/ 4	13/ 0
SG Mülheim	2884	5/ 3	9/ 0
SG Neuss	2887	5/ 5	12/ 0
SG Schwimmen Münster	2885	0/ 2	2/ 0
SV Blau-Weiß Bochum	2954	1/ 4	5/ 0
SV Neptun 28 Recklinghausen	3003	1/ 0	1/ 0
TV Jahn Hiesfeld	3174	1/ 0	1/ 0
TVE Greven	3163	1/ 0	1/ 0
<b>Gesamt für den Verband</b>		<b>37/ 34</b>	<b>83/ 0</b>

### Gesamtzahl der Meldungen

Verein	DSV-Id	Teilnehmer	Abs.1
<b>Alle Vereine</b>		<b>80/ 78</b>	<b>176/ 0</b>

## **Abschnitt 1 - Freitag 13.03.2020**

Einlass: 14:00 Uhr | Einschwimmen: 14:00 Uhr | Kampfrichtersitzung: 14:15 Uhr

Beginn: 15:00 Uhr

### **Kampfgericht Abschnitt 1**

<b>Position</b>	<b>Name</b>	<b>Verein</b>
Schiedsrichter weiblich	Astrid Hegemann	FINA
Schiedsrichter männlich	Thomas Wachholz	DSV
Starter weiblich	Stephan Hell	BZ Ruhrgebiet
Starter männlich	Stephan Hell	BZ Ruhrgebiet
Schwimmrichter 1	Michaela Beckers	SG Neuss
Schwimmrichter 2	Lars Ewert	SG Essen
Sprecher 1	Ingolf Baumbach	SC Schliersee
Auswerter 1	Melanie Büscher	SG Essen
Protokollführer	Ralf Kirchmayer	SG Essen
Zeitmessung	Stephan Gabrys	SG Essen
Computer 1	Manfred Zey	SG Essen

### **Zielgericht**

<b>Position</b>	<b>Name</b>	<b>Verein</b>
Zielrichterobmann	Rudolf Frese	SG Gladbeck/Recklinghausen
Zielrichter 1	Marion Bronnowsky	SG Essen
Zielrichter 2	Alexander Klaas	SG Essen
Zielrichter 3	Stephan Rittmann	SGR Karlsruhe

### **Zeitgericht 1**

<b>Position</b>	<b>Name</b>	<b>Verein</b>
Zeitnehmerobmann	Stefan Sandfort	SG Essen
Zeitnehmer Bahn 1	Bastian Schulte	SG Dortmund
Zeitnehmer Bahn 2	Malte Höffken	SG Mülheim
Zeitnehmer Bahn 3	Sandra Plasil	SG Gladbeck/Recklinghausen
Zeitnehmer Bahn 4	Nicole Pacheco-Gonzales	SG Essen
Zeitnehmer Bahn 5	Silvia Hammer	Aachener SV 06
Zeitnehmer Bahn 6	Frank Dowidat	SG Essen
Zeitnehmer Bahn 7	Dirk Wenschuch	SV Blau-Weiß Bochum
Zeitnehmer Bahn 8	Sandra Käfer	SG EWR Rheinhessen-Mainz
Reservezeitnehmer 1	Nils Borghoff	SG Essen

## noch Kampfgericht Abschnitt 1

### Wendegericht

<b>Position</b>	<b>Name</b>	<b>Verein</b>
Wenderichter Obmann	Madlen Luschnitz	SG EWR Rheinhessen-Mainz
Wenderichter Bahn 1	Madlen Luschnitz	SG EWR Rheinhessen-Mainz
Wenderichter Bahn 2	Madlen Luschnitz	SG EWR Rheinhessen-Mainz
Wenderichter Bahn 3	Jarmila Hollmann	SG Essen
Wenderichter Bahn 4	Sonja Wichtermann	SV Blau-Weiß Bochum
Wenderichter Bahn 5	Gisela Erbslöh	SG Essen
Wenderichter Bahn 6	Claudia Heß	SG Mülheim
Wenderichter Bahn 7	Christine Friemel	SV Mannheim
Wenderichter Bahn 8	Christine Friemel	SV Mannheim

## Wettkampffolge für Abschnitt 1

- Wettkampf 1 - 1500m Freistil weiblich
- Wettkampf 2 - 800m Freistil männlich
- Wettkampf 3 - 400m Freistil weiblich
- Wettkampf 4 - 400m Freistil männlich
- Wettkampf 5 - 400m Lagen weiblich
- Wettkampf 6 - 400m Lagen männlich
- Wettkampf 7 - 800m Freistil weiblich
- Wettkampf 8 - 1500m Freistil männlich

## Wettkampf 1 - 1500m Freistil weiblich

CR: 16:04,57 - Sarah Köhler (SG Frankfurt) am 23.03.2018 in Essen

### **Pflichtzeiten**

und älter: 22:00,00

### **Offene Wertung**

Platz	Schwimmerin	Jg.	Verein	Endzeit
1.	Evelin Edel	2003	TV Jahn Hiesfeld	17:14,41 704
	50m: 00:31,30 (00:31,30)   100m: 01:04,35 (00:33,05)   150m: 01:38,47 (00:34,12)			
	200m: 02:12,64 (00:34,17)   250m: 02:43,87 (00:31,23)   300m: 03:21,65 (00:37,78)			
	350m: 03:56,28 (00:34,63)   400m: 04:30,75 (00:34,47)   450m: 05:04,29 (00:33,54)			
	500m: 05:40,19 (00:35,90)   550m: 06:15,06 (00:34,87)   600m: 06:49,66 (00:34,60)			
	650m: 07:24,45 (00:34,79)   700m: 07:59,05 (00:34,60)   750m: 08:33,91 (00:34,86)			
	800m: 09:08,53 (00:34,62)   850m: 09:43,49 (00:34,96)   900m: 10:18,32 (00:34,83)			
	950m: 10:53,42 (00:35,10)   1000m: 11:28,22 (00:34,80)   1050m: 12:03,20 (00:34,98)			
	1100m: 12:37,82 (00:34,62)   1150m: 13:12,71 (00:34,89)   1200m: 13:47,54 (00:34,83)			
	1250m: 14:22,58 (00:35,04)   1300m: 14:57,22 (00:34,64)   1350m: 15:32,27 (00:35,05)			
	1400m: 15:32,27 (00:00,00)   1500m: 17:14,41 (01:42,14)			
2.	Francisca Kensmann	2004	SG Essen	18:10,17 601
	50m: 00:31,75 (00:31,75)   100m: 01:07,62 (00:35,87)   150m: 01:43,79 (00:36,17)			
	200m: 02:19,97 (00:36,18)   250m: 02:56,33 (00:36,36)   300m: 03:33,10 (00:36,77)			
	350m: 04:09,08 (00:35,98)   400m: 04:45,93 (00:36,85)   450m: 05:22,46 (00:36,53)			
	500m: 05:58,98 (00:36,52)   550m: 06:35,82 (00:36,84)   600m: 07:12,76 (00:36,94)			
	650m: 07:49,48 (00:36,72)   700m: 08:26,54 (00:37,06)   750m: 09:03,04 (00:36,50)			
	800m: 09:39,66 (00:36,62)   850m: 10:16,86 (00:37,20)   900m: 10:53,59 (00:36,73)			
	950m: 11:30,04 (00:36,45)   1000m: 12:06,58 (00:36,54)   1050m: 12:43,54 (00:36,96)			
	1100m: 13:19,56 (00:36,02)   1150m: 13:55,88 (00:36,32)   1200m: 14:32,44 (00:36,56)			
	1250m: 15:09,40 (00:36,96)   1300m: 15:45,90 (00:36,50)   1350m: 16:22,92 (00:37,02)			
	1400m: 16:59,09 (00:36,17)   1500m: 18:10,17 (01:11,08)			

## noch Wettkampf 1 - 1500m Freistil weiblich

### noch Offene Wertung

Platz	Schwimmerin	Jg.	Verein	Endzeit
3.	Fabienne Otto	2000	SG Neuss	18:28,37 572
	50m: 00:33,13 (00:33,13)   100m: 01:08,48 (00:35,35)   150m: 01:44,67 (00:36,19) 200m: 02:20,85 (00:36,18)   250m: 02:57,12 (00:36,27)   300m: 03:33,32 (00:36,20) 350m: 04:09,67 (00:36,35)   400m: 04:45,98 (00:36,31)   450m: 05:22,56 (00:36,58) 500m: 05:59,52 (00:36,96)   550m: 06:36,24 (00:36,72)   600m: 07:13,01 (00:36,77) 650m: 07:50,08 (00:37,07)   700m: 08:27,36 (00:37,28)   750m: 09:04,14 (00:36,78) 800m: 09:41,63 (00:37,49)   850m: 10:19,02 (00:37,39)   900m: 10:56,52 (00:37,50) 950m: 11:34,21 (00:37,69)   1000m: 12:12,07 (00:37,86)   1050m: 12:49,62 (00:37,55) 1100m: 13:27,67 (00:38,05)   1150m: 14:05,40 (00:37,73)   1200m: 14:43,10 (00:37,70) 1250m: 15:21,41 (00:38,31)   1300m: 15:59,36 (00:37,95)   1350m: 16:38,15 (00:38,79) 1400m: 17:16,04 (00:37,89)   1500m: 18:28,37 (01:12,33)			
4.	Lea Sophie Wenzel	2006	SG Essen	18:29,68 570
	50m: 00:32,35 (00:32,35)   100m: 01:08,21 (00:35,86)   150m: 01:44,27 (00:36,06) 200m: 02:21,02 (00:36,75)   250m: 02:57,32 (00:36,30)   300m: 03:34,26 (00:36,94) 350m: 04:11,02 (00:36,76)   400m: 04:48,11 (00:37,09)   450m: 05:25,12 (00:37,01) 500m: 06:02,41 (00:37,29)   550m: 06:39,76 (00:37,35)   600m: 07:16,75 (00:36,99) 650m: 07:54,22 (00:37,47)   700m: 08:31,51 (00:37,29)   750m: 09:08,85 (00:37,34) 800m: 09:46,60 (00:37,75)   850m: 10:23,97 (00:37,37)   900m: 11:01,60 (00:37,63) 950m: 11:39,17 (00:37,57)   1000m: 12:16,72 (00:37,55)   1050m: 12:54,30 (00:37,58) 1100m: 13:32,10 (00:37,80)   1150m: 14:09,73 (00:37,63)   1200m: 14:47,26 (00:37,53) 1250m: 15:25,28 (00:38,02)   1300m: 16:03,13 (00:37,85)   1350m: 16:40,47 (00:37,34) 1400m: 17:17,75 (00:37,28)   1500m: 18:29,68 (01:11,93)			
5.	Mailin Riegel	2004	SG EWR Rheinhessen-Mainz	19:34,48 481
	50m: 00:35,29 (00:35,29)   100m: 01:13,34 (00:38,05)   150m: 01:52,66 (00:39,32) 200m: 02:31,66 (00:39,00)   250m: 03:11,44 (00:39,78)   300m: 03:50,24 (00:38,80) 350m: 04:30,04 (00:39,80)   400m: 05:09,10 (00:39,06)   450m: 05:48,43 (00:39,33) 500m: 06:27,60 (00:39,17)   550m: 07:07,13 (00:39,53)   600m: 07:46,19 (00:39,06) 650m: 08:26,05 (00:39,86)   700m: 09:05,01 (00:38,96)   750m: 09:36,23 (00:31,22) 800m: 10:24,49 (00:48,26)   850m: 11:04,26 (00:39,77)   900m: 11:43,60 (00:39,34) 950m: 12:23,05 (00:39,45)   1000m: 13:02,13 (00:39,08)   1050m: 13:41,42 (00:39,29) 1100m: 14:21,07 (00:39,65)   1150m: 15:00,42 (00:39,35)   1200m: 15:39,69 (00:39,27) 1250m: 16:19,55 (00:39,86)   1300m: 16:59,14 (00:39,59)   1350m: 17:38,74 (00:39,60) 1400m: 18:17,99 (00:39,25)   1450m: 18:57,24 (00:39,25)   1500m: 19:34,48 (00:37,24)			
6.	Amélie Renée Nickel	2003	SV Neptun 28 Recklinghausen	19:57,56 454
	50m: 00:34,98 (00:34,98)   100m: 01:14,10 (00:39,12)   150m: 01:53,59 (00:39,49) 200m: 02:33,71 (00:40,12)   250m: 03:14,40 (00:40,69)   300m: 03:53,77 (00:39,37) 350m: 04:33,95 (00:40,18)   400m: 05:13,82 (00:39,87)   450m: 05:54,26 (00:40,44) 500m: 06:34,41 (00:40,15)   550m: 07:14,87 (00:40,46)   600m: 07:55,20 (00:40,33) 650m: 08:35,74 (00:40,54)   700m: 09:16,18 (00:40,44)   750m: 09:56,57 (00:40,39) 800m: 10:36,87 (00:40,30)   850m: 11:16,96 (00:40,09)   900m: 11:56,79 (00:39,83) 950m: 12:36,95 (00:40,16)   1000m: 13:17,22 (00:40,27)   1050m: 13:57,80 (00:40,58) 1100m: 14:38,00 (00:40,20)   1150m: 15:18,50 (00:40,50)   1200m: 15:59,15 (00:40,65) 1250m: 16:39,38 (00:40,23)   1300m: 17:19,67 (00:40,29)   1350m: 17:59,58 (00:39,91) 1400m: 18:39,55 (00:39,97)   1450m: 19:19,27 (00:39,72)   1500m: 19:57,56 (00:38,29)			

## noch Wettkampf 1 - 1500m Freistil weiblich

### noch Offene Wertung

Platz	Schwimmerin	Jg.	Verein	Endzeit
7.	Lotta Kuttner	2004	SG Neuss	20:03,03 447
	50m: 00:35,42 (00:35,42)   100m: 01:14,37 (00:38,95)   150m: 01:54,42 (00:40,05) 200m: 02:35,01 (00:40,59)   250m: 03:15,20 (00:40,19)   300m: 03:55,97 (00:40,77) 350m: 04:35,87 (00:39,90)   400m: 05:16,87 (00:41,00)   450m: 05:56,46 (00:39,59) 500m: 06:37,08 (00:40,62)   550m: 07:17,39 (00:40,31)   600m: 07:57,74 (00:40,35) 650m: 08:37,47 (00:39,73)   700m: 09:18,29 (00:40,82)   750m: 09:58,23 (00:39,94) 800m: 10:38,80 (00:40,57)   850m: 11:18,48 (00:39,68)   900m: 11:59,25 (00:40,77) 950m: 12:38,90 (00:39,65)   1000m: 13:19,66 (00:40,76)   1050m: 13:59,39 (00:39,73) 1100m: 14:40,21 (00:40,82)   1150m: 15:20,00 (00:39,79)   1200m: 16:01,19 (00:41,19) 1250m: 16:41,16 (00:39,97)   1300m: 17:22,51 (00:41,35)   1350m: 18:02,43 (00:39,92) 1400m: 18:43,67 (00:41,24)   1450m: 19:19,38 (00:35,71)   1500m: 20:03,03 (00:43,65)			

### nicht am Start

Sarah Stockmann 2004 SG Dortmund EnM

## Wettkampf 2 - 800m Freistil männlich

CR: 08:00,87 - Thomas Lurz (SV Würzburg 05) am 02.03.2007 in Essen

### Pflichtzeiten

und älter: 10:30,00

### Offene Wertung

Platz	Schwimmer	Jg.	Verein	Endzeit
1.	Aaron Schmidt	2000	SG Neuss	08:24,78 718
	50m: 00:28,32 (00:28,32)   100m: 00:59,17 (00:30,85)   150m: 01:30,72 (00:31,55) 200m: 02:02,21 (00:31,49)   250m: 02:34,04 (00:31,83)   300m: 03:05,70 (00:31,66) 350m: 03:38,29 (00:32,59)   400m: 04:09,97 (00:31,68)   450m: 04:42,47 (00:32,50) 500m: 05:14,26 (00:31,79)   550m: 05:47,10 (00:32,84)   600m: 06:18,89 (00:31,79) 650m: 06:51,14 (00:32,25)   700m: 07:23,74 (00:32,60)   750m: 07:55,06 (00:31,32) 800m: 08:24,78 (00:29,72)			
2.	Niko Frese	2003	SG Gladbeck/Recklinghausen	08:40,79 654
	50m: 00:28,43 (00:28,43)   100m: 00:59,65 (00:31,22)   150m: 01:31,50 (00:31,85) 200m: 02:03,73 (00:32,23)   250m: 02:36,47 (00:32,74)   300m: 03:09,46 (00:32,99) 350m: 03:42,62 (00:33,16)   400m: 04:15,88 (00:33,26)   450m: 04:49,23 (00:33,35) 500m: 05:22,71 (00:33,48)   550m: 05:55,93 (00:33,22)   600m: 06:29,26 (00:33,33) 650m: 07:02,42 (00:33,16)   700m: 07:35,57 (00:33,15)   750m: 08:08,78 (00:33,21) 800m: 08:40,79 (00:32,01)			
3.	Tobias van Aggelen	2004	SG Neuss	08:47,19 630
	50m: 00:28,81 (00:28,81)   100m: 00:59,99 (00:31,18)   150m: 01:32,39 (00:32,40) 200m: 02:05,04 (00:32,65)   250m: 02:38,39 (00:33,35)   300m: 03:11,81 (00:33,42) 350m: 03:45,91 (00:34,10)   400m: 04:20,39 (00:34,48)   450m: 04:54,29 (00:33,90) 500m: 05:27,85 (00:33,56)   550m: 06:01,91 (00:34,06)   600m: 06:36,00 (00:34,09) 650m: 07:09,79 (00:33,79)   700m: 07:43,51 (00:33,72)   750m: 08:16,88 (00:33,37) 800m: 08:47,19 (00:30,31)			



## noch Wettkampf 2 - 800m Freistil männlich

### noch Offene Wertung

Platz	Schwimmer	Jg.	Verein	Endzeit
4.	Pierce Colby	2004	SG Dortmund	08:47,33 630
	50m: 00:29,21 (00:29,21)   100m: 01:01,31 (00:32,10)   150m: 01:34,75 (00:33,44) 200m: 02:08,26 (00:33,51)   250m: 02:41,88 (00:33,62)   300m: 03:15,03 (00:33,15) 350m: 03:48,52 (00:33,49)   400m: 04:21,77 (00:33,25)   450m: 04:55,66 (00:33,89) 500m: 05:29,10 (00:33,44)   550m: 06:02,89 (00:33,79)   600m: 06:36,98 (00:34,09) 650m: 07:11,13 (00:34,15)   700m: 07:44,05 (00:32,92)   750m: 08:16,93 (00:32,88) 800m: 08:47,33 (00:30,40)			
5.	Thure Stian Müller	2003	SGR Karlsruhe	08:48,09 627
	50m: 00:29,86 (00:29,86)   100m: 01:02,93 (00:33,07)   150m: 01:36,31 (00:33,38) 200m: 02:09,76 (00:33,45)   250m: 02:43,12 (00:33,36)   300m: 03:16,76 (00:33,64) 350m: 03:50,42 (00:33,66)   400m: 04:24,12 (00:33,70)   450m: 04:57,74 (00:33,62) 500m: 05:31,61 (00:33,87)   550m: 06:05,03 (00:33,42)   600m: 06:38,54 (00:33,51) 650m: 07:11,72 (00:33,18)   700m: 07:44,83 (00:33,11)   750m: 08:17,27 (00:32,44) 800m: 08:48,09 (00:30,82)			
6.	Leon Heiermann	2002	SG Dortmund	08:54,35 605
	50m: 00:28,88 (00:28,88)   100m: 01:00,67 (00:31,79)   150m: 01:34,38 (00:33,71) 200m: 02:08,03 (00:33,65)   250m: 02:42,16 (00:34,13)   300m: 03:15,71 (00:33,55) 350m: 03:48,94 (00:33,23)   400m: 04:22,48 (00:33,54)   450m: 04:56,49 (00:34,01) 500m: 05:30,05 (00:33,56)   550m: 06:04,64 (00:34,59)   600m: 06:38,51 (00:33,87) 650m: 07:12,85 (00:34,34)   700m: 07:46,35 (00:33,50)   750m: 08:21,07 (00:34,72) 800m: 08:54,35 (00:33,28)			
7.	Philipp Peschke	2005	SG Essen	08:57,88 593
	50m: 00:29,28 (00:29,28)   100m: 01:01,18 (00:31,90)   150m: 01:33,76 (00:32,58) 200m: 02:08,31 (00:34,55)   250m: 02:41,43 (00:33,12)   300m: 03:16,55 (00:35,12) 350m: 03:49,56 (00:33,01)   400m: 04:26,09 (00:36,53)   450m: 04:58,34 (00:32,25) 500m: 05:34,92 (00:36,58)   550m: 06:09,34 (00:34,42)   600m: 06:43,92 (00:34,58) 650m: 07:17,02 (00:33,10)   700m: 07:52,91 (00:35,89)   750m: 08:22,67 (00:29,76) 800m: 08:57,88 (00:35,21)			
8.	Silas Büssing	2005	SG Neuss	09:00,81 584
	50m: 00:29,08 (00:29,08)   100m: 01:02,26 (00:33,18)   150m: 01:35,45 (00:33,19) 200m: 02:09,53 (00:34,08)   250m: 02:42,85 (00:33,32)   300m: 03:17,25 (00:34,40) 350m: 03:51,29 (00:34,04)   400m: 04:25,95 (00:34,66)   450m: 05:00,34 (00:34,39) 500m: 05:35,42 (00:35,08)   550m: 06:09,94 (00:34,52)   600m: 06:45,15 (00:35,21) 650m: 07:19,64 (00:34,49)   700m: 07:54,54 (00:34,90)   750m: 08:28,44 (00:33,90) 800m: 09:00,81 (00:32,37)			
9.	Daniel van Aggelen	2001	SG Neuss	09:00,93 583
	50m: 00:29,03 (00:29,03)   100m: 01:00,77 (00:31,74)   150m: 01:34,28 (00:33,51) 200m: 02:08,11 (00:33,83)   250m: 02:42,26 (00:34,15)   300m: 03:16,59 (00:34,33) 350m: 03:51,39 (00:34,80)   400m: 04:26,11 (00:34,72)   450m: 05:00,69 (00:34,58) 500m: 05:35,54 (00:34,85)   550m: 06:09,87 (00:34,33)   600m: 06:44,47 (00:34,60) 650m: 07:19,25 (00:34,78)   700m: 07:53,19 (00:33,94)   750m: 08:27,54 (00:34,35) 800m: 09:00,93 (00:33,39)			

## noch Wettkampf 2 - 800m Freistil männlich

### noch Offene Wertung

Platz	Schwimmer	Jg.	Verein	Endzeit
10.	David Vandenhirtz	2005	Aachener SV 06	09:02,33 579
	50m: 00:29,94 (00:29,94)   100m: 01:02,84 (00:32,90)   150m: 01:36,86 (00:34,02) 200m: 02:10,91 (00:34,05)   250m: 02:45,06 (00:34,15)   300m: 03:19,67 (00:34,61) 350m: 03:54,25 (00:34,58)   400m: 04:28,48 (00:34,23)   450m: 05:03,25 (00:34,77) 500m: 05:37,80 (00:34,55)   550m: 06:12,99 (00:35,19)   600m: 06:48,25 (00:35,26) 650m: 07:22,57 (00:34,32)   700m: 07:56,28 (00:33,71)   750m: 08:30,07 (00:33,79) 800m: 09:02,33 (00:32,26)			
	<u>nicht am Start</u>			
	Leonard Klein	2006	SG Schwimmen Münster	EnM
	Mathis Schönung	2004	SG EWR Rheinhessen-Mainz	EnM
	Maximilian Kassenbrock	2006	SG Schwimmen Münster	EnM

## Wettkampf 3 - 400m Freistil weiblich

CR: 04:14,32 - Johanna Friedrich (SC Magdeburg) am 22.03.2015 in Essen

### Pflichtzeiten

2007 bis 2010: 06:40,00 2006 und älter: 05:20,00

### Jugend D 2009/2010

Platz	Schwimmerin	Jg.	Verein	Endzeit
1.	Marlena Victoria Schön	2009	SG EWR Rheinhessen-Mainz	05:37,12 345
	50m: 00:37,73 (00:37,73)   100m: 01:19,28 (00:41,55)   150m: 02:02,02 (00:42,74) 200m: 02:44,75 (00:42,73)   250m: 03:29,02 (00:44,27)   300m: 04:12,88 (00:43,86) 350m: 04:56,85 (00:43,97)   400m: 05:37,12 (00:40,27)			
2.	Maja Vivien Walter	2009	SG EWR Rheinhessen-Mainz	05:47,69 314
	50m: 00:37,23 (00:37,23)   100m: 01:19,25 (00:42,02)   150m: 02:04,65 (00:45,40) 200m: 02:49,52 (00:44,87)   250m: 03:34,03 (00:44,51)   300m: 04:19,84 (00:45,81) 350m: 05:06,01 (00:46,17)   400m: 05:47,69 (00:41,68)			

### Jugend C 2007/2008

Platz	Schwimmerin	Jg.	Verein	Endzeit
1.	Rebekka Höffken	2007	SG Mülheim	05:02,98 475
	50m: 00:32,64 (00:32,64)   100m: 01:09,55 (00:36,91)   150m: 01:48,41 (00:38,86) 200m: 02:27,69 (00:39,28)   250m: 03:07,47 (00:39,78)   300m: 03:46,56 (00:39,09) 350m: 04:25,77 (00:39,21)   400m: 05:02,98 (00:37,21)			
2.	Sophie Luschnitz	2008	SG EWR Rheinhessen-Mainz	05:05,24 464
	50m: 00:34,20 (00:34,20)   100m: 01:10,57 (00:36,37)   150m: 01:48,73 (00:38,16) 200m: 02:27,51 (00:38,78)   250m: 03:07,48 (00:39,97)   300m: 03:47,10 (00:39,62) 350m: 04:27,46 (00:40,36)   400m: 05:05,24 (00:37,78)			
3.	Cleo Hentschke	2008	SG Mülheim	05:10,46 441
	50m: 00:34,40 (00:34,40)   100m: 01:12,76 (00:38,36)   150m: 01:53,03 (00:40,27) 200m: 02:33,06 (00:40,03)   250m: 03:13,10 (00:40,04)   300m: 03:52,21 (00:39,11) 350m: 04:33,03 (00:40,82)   400m: 05:10,46 (00:37,43)			

## noch Wettkampf 3 - 400m Freistil weiblich

### noch Jugend C 2007/2008

Platz	Schwimmerin	Jg.	Verein	Endzeit	
4.	Marie Lindemann 50m: 00:34,13 (00:34,13)   100m: 01:12,77 (00:38,64)   150m: 01:52,80 (00:40,03) 200m: 02:33,26 (00:40,46)   250m: 03:13,79 (00:40,53)   300m: 03:54,10 (00:40,31) 350m: 04:34,05 (00:39,95)   400m: 05:11,97 (00:37,92)	2007	SG Essen	05:11,97	435
5.	Alaina Allbaugh-Heinz 50m: 00:34,16 (00:34,16)   100m: 01:11,73 (00:37,57)   150m: 01:51,63 (00:39,90) 200m: 02:31,54 (00:39,91)   250m: 03:12,61 (00:41,07)   300m: 03:52,57 (00:39,96) 350m: 04:33,87 (00:41,30)   400m: 05:12,40 (00:38,53)	2007	SK Kaiserslautern	05:12,40	433
6.	Alina Tänzler 50m: 00:35,08 (00:35,08)   100m: 01:15,11 (00:40,03)   150m: 01:56,55 (00:41,44) 200m: 02:36,91 (00:40,36)   250m: 03:18,52 (00:41,61)   300m: 03:59,12 (00:40,60) 350m: 04:41,27 (00:42,15)   400m: 05:20,02 (00:38,75)	2008	SG EWR Rheinhessen-Mainz	05:20,02	403
<u>nicht am Start</u>					
	Lucy Fiedler	2008	SG EWR Rheinhessen-Mainz		EnM
<u>abgemeldet</u>					
	Eva Luise Sändig	2007	Team Saarland - Swimming		EnM
	Lena Schirmer	2008	Team Saarland - Swimming		EnM

### Offene Wertung

Platz	Schwimmerin	Jg.	Verein	Endzeit	
1.	Rosalie Kleyboldt 50m: 00:29,87 (00:29,87)   100m: 01:02,36 (00:32,49)   150m: 01:35,65 (00:33,29) 200m: 02:08,66 (00:33,01)   250m: 02:41,86 (00:33,20)   300m: 03:15,01 (00:33,15) 350m: 03:48,76 (00:33,75)   400m: 04:21,24 (00:32,48)	2003	SG Essen	04:21,24	741
2.	Theresa Bechtel 50m: 00:31,05 (00:31,05)   100m: 01:06,17 (00:35,12)   150m: 01:42,63 (00:36,46) 200m: 02:18,38 (00:35,75)   250m: 02:54,41 (00:36,03)   300m: 03:30,29 (00:35,88) 350m: 04:05,95 (00:35,66)   400m: 04:38,80 (00:32,85)	2001	SC Aqua Köln	04:38,80	610
3.	Blanca Brune 50m: 00:30,57 (00:30,57)   100m: 01:05,13 (00:34,56)   150m: 01:40,76 (00:35,63) 200m: 02:16,01 (00:35,25)   250m: 02:52,18 (00:36,17)   300m: 03:28,00 (00:35,82) 350m: 04:04,44 (00:36,44)   400m: 04:39,04 (00:34,60)	2006	SG Gladbeck/Recklinghausen	04:39,04	608
4.	Mona Klein 50m: 00:31,59 (00:31,59)   100m: 01:07,15 (00:35,56)   150m: 01:43,45 (00:36,30) 200m: 02:19,47 (00:36,02)   250m: 02:55,20 (00:35,73)   300m: 03:31,34 (00:36,14) 350m: 04:08,00 (00:36,66)   400m: 04:43,62 (00:35,62)	2003	SG Neuss	04:43,62	579
5.	Hannah Schulte 50m: 00:31,39 (00:31,39)   100m: 01:06,27 (00:34,88)   150m: 01:42,59 (00:36,32) 200m: 02:18,96 (00:36,37)   250m: 02:55,52 (00:36,56)   300m: 03:31,98 (00:36,46) 350m: 04:08,58 (00:36,60)   400m: 04:43,87 (00:35,29)	2004	SG Dortmund	04:43,87	577
6.	Julia Walter 50m: 00:31,21 (00:31,21)   100m: 01:05,66 (00:34,45)   150m: 01:41,90 (00:36,24) 200m: 02:18,78 (00:36,88)   250m: 02:55,52 (00:36,74)   300m: 03:32,73 (00:37,21) 350m: 04:09,31 (00:36,58)   400m: 04:44,44 (00:35,13)	2005	SG Essen	04:44,44	574

## noch Wettkampf 3 - 400m Freistil weiblich

### noch Offene Wertung

Platz	Schwimmerin	Jg.	Verein	Endzeit
7.	Mia Reinhard	2005	SGR Karlsruhe	04:44,73 572
	50m: 00:32,52 (00:32,52)   100m: 01:07,76 (00:35,24)   150m: 01:43,64 (00:35,88) 200m: 02:20,36 (00:36,72)   250m: 02:57,08 (00:36,72)   300m: 03:33,99 (00:36,91) 350m: 04:10,07 (00:36,08)   400m: 04:44,73 (00:34,66)			
8.	Hannah Buttler	2006	SG Gladbeck/Recklinghausen	04:45,09 570
	50m: 00:31,81 (00:31,81)   100m: 01:07,50 (00:35,69)   150m: 01:44,05 (00:36,55) 200m: 02:20,77 (00:36,72)   250m: 02:57,17 (00:36,40)   300m: 03:34,25 (00:37,08) 350m: 04:10,53 (00:36,28)   400m: 04:45,09 (00:34,56)			
9.	Lilia-Marie Bensalah	2006	SG EWR Rheinhessen-Mainz	04:45,19 569
	50m: 00:32,02 (00:32,02)   100m: 01:07,72 (00:35,70)   150m: 01:43,38 (00:35,66) 200m: 02:20,35 (00:36,97)   250m: 02:56,94 (00:36,59)   300m: 03:34,12 (00:37,18) 350m: 04:10,33 (00:36,21)   400m: 04:45,19 (00:34,86)			
10.	Francisca Kensmann	2004	SG Essen	04:45,38 568
	50m: 00:31,99 (00:31,99)   100m: 01:07,53 (00:35,54)   150m: 01:44,05 (00:36,52) 200m: 02:20,51 (00:36,46)   250m: 02:56,79 (00:36,28)   300m: 03:33,64 (00:36,85) 350m: 04:10,15 (00:36,51)   400m: 04:45,38 (00:35,23)			
11.	Natalie Graw	2001	SG Essen	04:47,93 553
	50m: 00:31,83 (00:31,83)   100m: 01:07,41 (00:35,58)   150m: 01:43,25 (00:35,84) 200m: 02:20,16 (00:36,91)   250m: 02:56,51 (00:36,35)   300m: 03:33,92 (00:37,41) 350m: 04:10,83 (00:36,91)   400m: 04:47,93 (00:37,10)			
12.	Lea Sophie Wenzel	2006	SG Essen	04:49,58 544
	50m: 00:33,00 (00:33,00)   100m: 01:08,76 (00:35,76)   150m: 01:46,16 (00:37,40) 200m: 02:23,02 (00:36,86)   250m: 03:00,40 (00:37,38)   300m: 03:37,53 (00:37,13) 350m: 04:14,57 (00:37,04)   400m: 04:49,58 (00:35,01)			
13.	Lilli Fiedler	2005	SG EWR Rheinhessen-Mainz	04:52,57 527
	50m: 00:32,79 (00:32,79)   100m: 01:08,77 (00:35,98)   150m: 01:45,68 (00:36,91) 200m: 02:22,95 (00:37,27)   250m: 03:00,58 (00:37,63)   300m: 03:38,57 (00:37,99) 350m: 04:16,39 (00:37,82)   400m: 04:52,57 (00:36,18)			
14.	Elin Malmbeck	2006	SGR Karlsruhe	04:56,99 504
	50m: 00:32,83 (00:32,83)   100m: 01:09,74 (00:36,91)   150m: 01:48,23 (00:38,49) 200m: 02:25,91 (00:37,68)   250m: 03:04,45 (00:38,54)   300m: 03:42,43 (00:37,98) 350m: 04:20,29 (00:37,86)   400m: 04:56,99 (00:36,70)			
15.	Katharina Veltkamp	2005	SG Gladbeck/Recklinghausen	04:58,62 496
	50m: 00:32,66 (00:32,66)   100m: 01:09,77 (00:37,11)   150m: 01:47,56 (00:37,79) 200m: 02:25,70 (00:38,14)   250m: 03:03,67 (00:37,97)   300m: 03:43,13 (00:39,46) 350m: 04:21,85 (00:38,72)   400m: 04:58,62 (00:36,77)			
16.	Ines Belouadi	2004	SV Mannheim	04:58,64 496
	50m: 00:31,35 (00:31,35)   100m: 01:07,44 (00:36,09)   150m: 01:46,11 (00:38,67) 200m: 02:25,35 (00:39,24)   250m: 03:04,15 (00:38,80)   300m: 03:43,47 (00:39,32) 350m: 04:22,17 (00:38,70)   400m: 04:58,64 (00:36,47)			
17.	Luisa Pacheco Gonzalez	2006	SG Mülheim	04:59,85 490
	50m: 00:33,12 (00:33,12)   100m: 01:10,48 (00:37,36)   150m: 01:48,86 (00:38,38) 200m: 02:27,84 (00:38,98)   250m: 03:06,77 (00:38,93)   300m: 03:45,52 (00:38,75) 350m: 04:23,55 (00:38,03)   400m: 04:59,85 (00:36,30)			

## noch Wettkampf 3 - 400m Freistil weiblich

### noch Offene Wertung

Platz	Schwimmerin	Jg.	Verein	Endzeit
18.	Rebekka Höffken	2007	SG Mülheim	05:02,98 475
	50m: 00:32,64 (00:32,64)   100m: 01:09,55 (00:36,91)   150m: 01:48,41 (00:38,86) 200m: 02:27,69 (00:39,28)   250m: 03:07,47 (00:39,78)   300m: 03:46,56 (00:39,09) 350m: 04:25,77 (00:39,21)   400m: 05:02,98 (00:37,21)			
19.	Sophie Luschnitz	2008	SG EWR Rheinhessen-Mainz	05:05,24 464
	50m: 00:34,20 (00:34,20)   100m: 01:10,57 (00:36,37)   150m: 01:48,73 (00:38,16) 200m: 02:27,51 (00:38,78)   250m: 03:07,48 (00:39,97)   300m: 03:47,10 (00:39,62) 350m: 04:27,46 (00:40,36)   400m: 05:05,24 (00:37,78)			
20.	Cleo Hentschke	2008	SG Mülheim	05:10,46 441
	50m: 00:34,40 (00:34,40)   100m: 01:12,76 (00:38,36)   150m: 01:53,03 (00:40,27) 200m: 02:33,06 (00:40,03)   250m: 03:13,10 (00:40,04)   300m: 03:52,21 (00:39,11) 350m: 04:33,03 (00:40,82)   400m: 05:10,46 (00:37,43)			
21.	Marie Lindemann	2007	SG Essen	05:11,97 435
	50m: 00:34,13 (00:34,13)   100m: 01:12,77 (00:38,64)   150m: 01:52,80 (00:40,03) 200m: 02:33,26 (00:40,46)   250m: 03:13,79 (00:40,53)   300m: 03:54,10 (00:40,31) 350m: 04:34,05 (00:39,95)   400m: 05:11,97 (00:37,92)			
22.	Alaina Allbaugh-Heinz	2007	SK Kaiserslautern	05:12,40 433
	50m: 00:34,16 (00:34,16)   100m: 01:11,73 (00:37,57)   150m: 01:51,63 (00:39,90) 200m: 02:31,54 (00:39,91)   250m: 03:12,61 (00:41,07)   300m: 03:52,57 (00:39,96) 350m: 04:33,87 (00:41,30)   400m: 05:12,40 (00:38,53)			
23.	Alina Tänzler	2008	SG EWR Rheinhessen-Mainz	05:20,02 403
	50m: 00:35,08 (00:35,08)   100m: 01:15,11 (00:40,03)   150m: 01:56,55 (00:41,44) 200m: 02:36,91 (00:40,36)   250m: 03:18,52 (00:41,61)   300m: 03:59,12 (00:40,60) 350m: 04:41,27 (00:42,15)   400m: 05:20,02 (00:38,75)			
24.	Marlena Victoria Schön	2009	SG EWR Rheinhessen-Mainz	05:37,12 345
	50m: 00:37,73 (00:37,73)   100m: 01:19,28 (00:41,55)   150m: 02:02,02 (00:42,74) 200m: 02:44,75 (00:42,73)   250m: 03:29,02 (00:44,27)   300m: 04:12,88 (00:43,86) 350m: 04:56,85 (00:43,97)   400m: 05:37,12 (00:40,27)			
25.	Maja Vivien Walter	2009	SG EWR Rheinhessen-Mainz	05:47,69 314
	50m: 00:37,23 (00:37,23)   100m: 01:19,25 (00:42,02)   150m: 02:04,65 (00:45,40) 200m: 02:49,52 (00:44,87)   250m: 03:34,03 (00:44,51)   300m: 04:19,84 (00:45,81) 350m: 05:06,01 (00:46,17)   400m: 05:47,69 (00:41,68)			

#### nicht am Start

Amelie Racky	2005	SG EWR Rheinhessen-Mainz	EnM
Anna Spira	2001	SG EWR Rheinhessen-Mainz	EnM
Ella Gangloff	2005	SG EWR Rheinhessen-Mainz	EnM
Gina Böttcher	2001	SC Potsdam	EnM
Maja Brune	2006	SG Gladbeck/Recklinghausen	EnM
Sarah Stockmann	2004	SG Dortmund	EnM
Sophie Reiber	2005	SG Mülheim	EnM

#### abgemeldet

Alina Reiswich	2006	Team Saarland - Swimming	EnM
Hannah Schirra	2003	Team Saarland - Swimming	EnM
Jana Von Den Driesch	2004	Team Saarland - Swimming	EnM

## noch Wettkampf 3 - 400m Freistil weiblich

### noch Offene Wertung

Platz	Schwimmerin	Jg.	Verein	Endzeit	
	Jana-Caterina Kasper	2005	Team Saarland - Swimming		EnM
	Janna van Kooten	2004	TriVia		EnM
	Jolina Müller	2004	Team Saarland - Swimming		EnM
	Laura Setz	2000	ZPC Nova		EnM
	Lili Marie Kramer	2003	SG Frankfurt		EnM
	Melanie Guht	1998	SG Frankfurt		EnM
	Reva Foos	1993	SG Frankfurt		EnM
	Rianne Rose	2005	SG Frankfurt		EnM

## Wettkampf 4 - 400m Freistil männlich

CR: 03:51,94 - Poul Zellmann (SG Essen) am 23.03.2018 in Essen

### Pflichtzeiten

2007 bis 2010: 06:40,00 2006 und älter: 05:10,00

### Jugend D 2009/2010

Platz	Schwimmer	Jg.	Verein	Endzeit	
1.	Florentin Bensalah	2009	SG EWR Rheinhessen-Mainz	05:16,11	337
	50m: 00:34,62 (00:34,62)   100m: 01:13,96 (00:39,34)   150m: 01:53,89 (00:39,93)				
	200m: 02:34,53 (00:40,64)   250m: 03:14,79 (00:40,26)   300m: 03:56,45 (00:41,66)				
	350m: 04:36,16 (00:39,71)   400m: 05:16,11 (00:39,95)				

### Jugend C 2007/2008

Platz	Schwimmer	Jg.	Verein	Endzeit	
1.	Frederic Bensalah	2007	SG EWR Rheinhessen-Mainz	04:36,72	502
	50m: 00:30,54 (00:30,54)   100m: 01:04,11 (00:33,57)   150m: 01:38,95 (00:34,84)				
	200m: 02:13,74 (00:34,79)   250m: 02:49,50 (00:35,76)   300m: 03:25,16 (00:35,66)				
	350m: 04:01,79 (00:36,63)   400m: 04:36,72 (00:34,93)				
2.	David Bauer	2007	SV Blau-Weiß Bochum	04:40,36	483
	50m: 00:30,42 (00:30,42)   100m: 01:04,59 (00:34,17)   150m: 01:40,27 (00:35,68)				
	200m: 02:16,72 (00:36,45)   250m: 02:53,47 (00:36,75)   300m: 03:30,00 (00:36,53)				
	350m: 04:06,32 (00:36,32)   400m: 04:40,36 (00:34,04)				
3.	Henry Klode	2007	SG Mülheim	04:41,01	480
	50m: 00:30,89 (00:30,89)   100m: 01:04,93 (00:34,04)   150m: 01:40,61 (00:35,68)				
	200m: 02:17,19 (00:36,58)   250m: 02:54,03 (00:36,84)   300m: 03:30,70 (00:36,67)				
	350m: 04:06,96 (00:36,26)   400m: 04:41,01 (00:34,05)				
4.	Paul Alexander Piontek	2008	SG Essen	04:53,98	419
	50m: 00:32,40 (00:32,40)   100m: 01:10,55 (00:38,15)   150m: 01:47,41 (00:36,86)				
	200m: 02:26,08 (00:38,67)   250m: 03:03,20 (00:37,12)   300m: 03:41,90 (00:38,70)				
	350m: 04:19,18 (00:37,28)   400m: 04:53,98 (00:34,80)				
5.	Ben Wichtermann	2007	SV Blau-Weiß Bochum	04:54,30	418
	50m: 00:31,90 (00:31,90)   100m: 01:07,69 (00:35,79)   150m: 01:44,72 (00:37,03)				
	200m: 02:23,33 (00:38,61)   250m: 03:01,18 (00:37,85)   300m: 03:39,40 (00:38,22)				
	350m: 04:17,66 (00:38,26)   400m: 04:54,30 (00:36,64)				

## noch Wettkampf 4 - 400m Freistil männlich

### noch Jugend C 2007/2008

Platz	Schwimmer	Jg.	Verein	Endzeit
6.	Till Flotmann 50m: 00:33,02 (00:33,02)   100m: 01:10,61 (00:37,59)   150m: 01:47,91 (00:37,30) 200m: 02:25,19 (00:37,28)   250m: 03:03,23 (00:38,04)   300m: 03:40,84 (00:37,61) 350m: 04:18,99 (00:38,15)   400m: 04:55,23 (00:36,24)	2007	SG EWR Rheinhessen-Mainz	04:55,23 414
7.	Henry Thiemann 50m: 00:33,93 (00:33,93)   100m: 01:11,48 (00:37,55)   150m: 01:49,62 (00:38,14) 200m: 02:27,70 (00:38,08)   250m: 03:06,26 (00:38,56)   300m: 03:43,89 (00:37,63) 350m: 04:21,37 (00:37,48)   400m: 04:56,58 (00:35,21)	2007	SG Essen	04:56,58 408
8.	Nils Thomas Piontek 50m: 00:33,94 (00:33,94)   100m: 01:11,51 (00:37,57)   150m: 01:50,01 (00:38,50) 200m: 02:28,58 (00:38,57)   250m: 03:07,84 (00:39,26)   300m: 03:46,53 (00:38,69) 350m: 04:25,35 (00:38,82)   400m: 04:58,42 (00:33,07)	2008	SG Essen	04:58,42 401
9.	Leon Pierre-Louis 50m: 00:33,20 (00:33,20)   100m: 01:12,21 (00:39,01)   150m: 01:50,89 (00:38,68) 200m: 02:30,86 (00:39,97)   250m: 03:10,92 (00:40,06)   300m: 03:50,84 (00:39,92) 350m: 04:31,15 (00:40,31)   400m: 05:09,27 (00:38,12)	2008	SK Kaiserslautern	05:09,27 360
10.	Maximilian Heß 50m: 00:34,74 (00:34,74)   100m: 01:14,44 (00:39,70)   150m: 01:54,66 (00:40,22) 200m: 02:35,80 (00:41,14)   250m: 03:16,83 (00:41,03)   300m: 03:59,90 (00:43,07) 350m: 04:40,18 (00:40,28)   400m: 05:20,04 (00:39,86)	2008	SG Mülheim	05:20,04 325

#### nicht am Start

Thomas Hergetz                      2007    SV Mannheim                      EnM

#### abgemeldet

Leo Ilias Baumann                  2008    Team Saarland - Swimming                  EnM

Luka Popovic                          2007    SG Essen                                      EnM

### Offene Wertung

Platz	Schwimmer	Jg.	Verein	Endzeit
1.	Poul Zellmann 50m: 00:27,50 (00:27,50)   100m: 00:57,21 (00:29,71)   150m: 01:27,59 (00:30,38) 200m: 01:57,75 (00:30,16)   250m: 02:28,39 (00:30,64)   300m: 02:58,48 (00:30,09) 350m: 03:28,54 (00:30,06)   400m: 03:56,92 (00:28,38)	1995	SG Essen	03:56,92 801
2.	Gerard Serrano Pol 50m: 00:27,90 (00:27,90)   100m: 00:59,66 (00:31,76)   150m: 01:31,20 (00:31,54) 200m: 02:04,34 (00:33,14)   250m: 02:36,62 (00:32,28)   300m: 03:10,24 (00:33,62) 350m: 03:42,31 (00:32,07)   400m: 04:14,37 (00:32,06)	2003	SGR Karlsruhe	04:14,37 647
3.	Julian Krämer 50m: 00:29,58 (00:29,58)   100m: 01:02,09 (00:32,51)   150m: 01:35,56 (00:33,47) 200m: 02:09,14 (00:33,58)   250m: 02:43,13 (00:33,99)   300m: 03:17,00 (00:33,87) 350m: 03:49,34 (00:32,34)   400m: 04:21,03 (00:31,69)	2002	SG Essen	04:21,03 599
4.	Thure Stian Müller 50m: 00:30,13 (00:30,13)   100m: 01:03,18 (00:33,05)   150m: 01:37,04 (00:33,86) 200m: 02:10,54 (00:33,50)   250m: 02:44,26 (00:33,72)   300m: 03:17,74 (00:33,48) 350m: 03:50,40 (00:32,66)   400m: 04:21,72 (00:31,32)	2003	SGR Karlsruhe	04:21,72 594

## noch Wettkampf 4 - 400m Freistil männlich

### noch Offene Wertung

Platz	Schwimmer	Jg.	Verein	Endzeit
5.	David Vandenhirtz 50m: 00:29,00 (00:29,00)   100m: 01:02,57 (00:33,57)   150m: 01:35,70 (00:33,13) 200m: 02:09,99 (00:34,29)   250m: 02:43,38 (00:33,39)   300m: 03:17,34 (00:33,96) 350m: 03:50,31 (00:32,97)   400m: 04:22,93 (00:32,62)	2005	Aachener SV 06	04:22,93 586
6.	Philipp Peschke 50m: 00:29,33 (00:29,33)   100m: 01:02,25 (00:32,92)   150m: 01:35,93 (00:33,68) 200m: 02:09,63 (00:33,70)   250m: 02:43,88 (00:34,25)   300m: 03:17,69 (00:33,81) 350m: 03:51,42 (00:33,73)   400m: 04:23,00 (00:31,58)	2005	SG Essen	04:23,00 585
7.	Stepan Kokh 50m: 00:29,88 (00:29,88)   100m: 01:02,71 (00:32,83)   150m: 01:36,51 (00:33,80) 200m: 02:10,20 (00:33,69)   250m: 02:44,38 (00:34,18)   300m: 03:18,38 (00:34,00) 350m: 03:52,11 (00:33,73)   400m: 04:25,78 (00:33,67)	2002	TSG Germania Dossenheim	04:25,78 567
8.	Niklas Krüger 50m: 00:28,86 (00:28,86)   100m: 01:02,04 (00:33,18)   150m: 01:35,91 (00:33,87) 200m: 02:10,35 (00:34,44)   250m: 02:44,49 (00:34,14)   300m: 03:20,12 (00:35,63) 350m: 03:53,80 (00:33,68)   400m: 04:27,60 (00:33,80)	2005	SG Essen	04:27,60 556
9.	Finn Hammer 50m: 00:29,62 (00:29,62)   100m: 01:03,37 (00:33,75)   150m: 01:37,02 (00:33,65) 200m: 02:11,81 (00:34,79)   250m: 02:45,85 (00:34,04)   300m: 03:21,27 (00:35,42) 350m: 03:55,03 (00:33,76)   400m: 04:28,70 (00:33,67)	2006	Aachener SV 06	04:28,70 549
10.	Philipp Käfer 50m: 00:30,98 (00:30,98)   100m: 01:04,67 (00:33,69)   150m: 01:39,17 (00:34,50) 200m: 02:13,79 (00:34,62)   250m: 02:48,13 (00:34,34)   300m: 03:22,71 (00:34,58) 350m: 03:57,69 (00:34,98)   400m: 04:31,65 (00:33,96)	2004	SG EWR Rheinhessen-Mainz	04:31,65 531
11.	Frederic Bensalah 50m: 00:30,54 (00:30,54)   100m: 01:04,11 (00:33,57)   150m: 01:38,95 (00:34,84) 200m: 02:13,74 (00:34,79)   250m: 02:49,50 (00:35,76)   300m: 03:25,16 (00:35,66) 350m: 04:01,79 (00:36,63)   400m: 04:36,72 (00:34,93)	2007	SG EWR Rheinhessen-Mainz	04:36,72 502
12.	Yannick Stanglow 50m: 00:29,70 (00:29,70)   100m: 01:03,36 (00:33,66)   150m: 01:38,87 (00:35,51) 200m: 02:14,58 (00:35,71)   250m: 02:50,46 (00:35,88)   300m: 03:26,41 (00:35,95) 350m: 04:02,70 (00:36,29)   400m: 04:38,16 (00:35,46)	2005	SG Gladbeck/Recklinghausen	04:38,16 495
13.	David Bauer 50m: 00:30,42 (00:30,42)   100m: 01:04,59 (00:34,17)   150m: 01:40,27 (00:35,68) 200m: 02:16,72 (00:36,45)   250m: 02:53,47 (00:36,75)   300m: 03:30,00 (00:36,53) 350m: 04:06,32 (00:36,32)   400m: 04:40,36 (00:34,04)	2007	SV Blau-Weiß Bochum	04:40,36 483
14.	Henry Klode 50m: 00:30,89 (00:30,89)   100m: 01:04,93 (00:34,04)   150m: 01:40,61 (00:35,68) 200m: 02:17,19 (00:36,58)   250m: 02:54,03 (00:36,84)   300m: 03:30,70 (00:36,67) 350m: 04:06,96 (00:36,26)   400m: 04:41,01 (00:34,05)	2007	SG Mülheim	04:41,01 480
15.	Julian Emmerling 50m: 00:30,73 (00:30,73)   100m: 01:07,03 (00:36,30)   150m: 01:43,61 (00:36,58) 200m: 02:20,84 (00:37,23)   250m: 02:57,39 (00:36,55)   300m: 03:34,34 (00:36,95) 350m: 04:10,53 (00:36,19)   400m: 04:44,69 (00:34,16)	2003	SG Gladbeck/Recklinghausen	04:44,69 461



## noch Wettkampf 4 - 400m Freistil männlich

### noch Offene Wertung

Platz	Schwimmer	Jg.	Verein	Endzeit
16.	Mohammed Tantish 50m: 00:30,86 (00:30,86)   100m: 01:05,87 (00:35,01)   150m: 01:43,24 (00:37,37) 200m: 02:21,29 (00:38,05)   250m: 02:58,03 (00:36,74)   300m: 03:35,11 (00:37,08) 350m: 04:11,35 (00:36,24)   400m: 04:45,87 (00:34,52)	2004	SGR Karlsruhe	04:45,87 456
17.	Antonio Khenkin 50m: 00:32,92 (00:32,92)   100m: 01:09,58 (00:36,66)   150m: 01:47,67 (00:38,09) 200m: 02:23,95 (00:36,28)   250m: 03:00,81 (00:36,86)   300m: 03:38,29 (00:37,48) 350m: 04:15,57 (00:37,28)   400m: 04:51,46 (00:35,89)	2005	SG EWR Rheinhessen-Mainz	04:51,46 430
18.	Marc Weiß 50m: 00:30,20 (00:30,20)   100m: 01:04,05 (00:33,85)   150m: 01:39,92 (00:35,87) 200m: 02:17,81 (00:37,89)   250m: 02:57,58 (00:39,77)   300m: 03:37,51 (00:39,93) 350m: 04:17,47 (00:39,96)   400m: 04:53,61 (00:36,14)	2002	SG Essen	04:53,61 421
19.	Paul Alexander Piontek 50m: 00:32,40 (00:32,40)   100m: 01:10,55 (00:38,15)   150m: 01:47,41 (00:36,86) 200m: 02:26,08 (00:38,67)   250m: 03:03,20 (00:37,12)   300m: 03:41,90 (00:38,70) 350m: 04:19,18 (00:37,28)   400m: 04:53,98 (00:34,80)	2008	SG Essen	04:53,98 419
20.	Philipp Kremer 50m: 00:31,29 (00:31,29)   100m: 01:06,36 (00:35,07)   150m: 01:43,75 (00:37,39) 200m: 02:21,27 (00:37,52)   250m: 02:59,53 (00:38,26)   300m: 03:37,42 (00:37,89) 350m: 04:16,10 (00:38,68)   400m: 04:54,27 (00:38,17)	2006	SG Mülheim	04:54,27 418
21.	Ben Wichtermann 50m: 00:31,90 (00:31,90)   100m: 01:07,69 (00:35,79)   150m: 01:44,72 (00:37,03) 200m: 02:23,33 (00:38,61)   250m: 03:01,18 (00:37,85)   300m: 03:39,40 (00:38,22) 350m: 04:17,66 (00:38,26)   400m: 04:54,30 (00:36,64)	2007	SV Blau-Weiß Bochum	04:54,30 418
22.	Till Flotmann 50m: 00:33,02 (00:33,02)   100m: 01:10,61 (00:37,59)   150m: 01:47,91 (00:37,30) 200m: 02:25,19 (00:37,28)   250m: 03:03,23 (00:38,04)   300m: 03:40,84 (00:37,61) 350m: 04:18,99 (00:38,15)   400m: 04:55,23 (00:36,24)	2007	SG EWR Rheinhessen-Mainz	04:55,23 414
23.	Henry Thiemann 50m: 00:33,93 (00:33,93)   100m: 01:11,48 (00:37,55)   150m: 01:49,62 (00:38,14) 200m: 02:27,70 (00:38,08)   250m: 03:06,26 (00:38,56)   300m: 03:43,89 (00:37,63) 350m: 04:21,37 (00:37,48)   400m: 04:56,58 (00:35,21)	2007	SG Essen	04:56,58 408
24.	Liam Dwyer 50m: 00:32,61 (00:32,61)   100m: 01:09,89 (00:37,28)   150m: 01:47,67 (00:37,78) 200m: 02:25,56 (00:37,89)   250m: 03:04,16 (00:38,60)   300m: 03:42,78 (00:38,62) 350m: 04:21,36 (00:38,58)   400m: 04:57,67 (00:36,31)	2006	SV Blau-Weiß Bochum	04:57,67 404
25.	Nils Thomas Piontek 50m: 00:33,94 (00:33,94)   100m: 01:11,51 (00:37,57)   150m: 01:50,01 (00:38,50) 200m: 02:28,58 (00:38,57)   250m: 03:07,84 (00:39,26)   300m: 03:46,53 (00:38,69) 350m: 04:25,35 (00:38,82)   400m: 04:58,42 (00:33,07)	2008	SG Essen	04:58,42 401
26.	Momchil Ganchev 50m: 00:34,20 (00:34,20)   100m: 01:11,40 (00:37,20)   150m: 01:49,66 (00:38,26) 200m: 02:27,68 (00:38,02)   250m: 03:06,29 (00:38,61)   300m: 03:44,89 (00:38,60) 350m: 04:23,73 (00:38,84)   400m: 05:00,11 (00:36,38)	2006	SG EWR Rheinhessen-Mainz	05:00,11 394

## noch Wettkampf 4 - 400m Freistil männlich

### noch Offene Wertung

Platz	Schwimmer	Jg.	Verein	Endzeit
27.	Leon Pierre-Louis 50m: 00:33,20 (00:33,20)   100m: 01:12,21 (00:39,01)   150m: 01:50,89 (00:38,68) 200m: 02:30,86 (00:39,97)   250m: 03:10,92 (00:40,06)   300m: 03:50,84 (00:39,92) 350m: 04:31,15 (00:40,31)   400m: 05:09,27 (00:38,12)	2008	SK Kaiserslautern	05:09,27 360
28.	Florentin Bensalah 50m: 00:34,62 (00:34,62)   100m: 01:13,96 (00:39,34)   150m: 01:53,89 (00:39,93) 200m: 02:34,53 (00:40,64)   250m: 03:14,79 (00:40,26)   300m: 03:56,45 (00:41,66) 350m: 04:36,16 (00:39,71)   400m: 05:16,11 (00:39,95)	2009	SG EWR Rheinhessen-Mainz	05:16,11 337
29.	Maximilian Heß 50m: 00:34,74 (00:34,74)   100m: 01:14,44 (00:39,70)   150m: 01:54,66 (00:40,22) 200m: 02:35,80 (00:41,14)   250m: 03:16,83 (00:41,03)   300m: 03:59,90 (00:43,07) 350m: 04:40,18 (00:40,28)   400m: 05:20,04 (00:39,86)	2008	SG Mülheim	05:20,04 325

#### nicht am Start

Boubacar Sow	2004	SG EWR Rheinhessen-Mainz	EnM
Laurin Walther	2003	SC Potsdam	EnM
Leon Heiermann	2002	SG Dortmund	EnM
Paul Völker	2002	SSG Saar Max Ritter	EnM

#### abgemeldet

Aaron Wilmes	2002	SG Frankfurt	EnM
Brandon Adriano Goenawan	2005	Team Saarland - Swimming	EnM
Henrik Laven	2003	Team Saarland - Swimming	EnM
Joshua Paulus	2006	Team Saarland - Swimming	EnM
Kenrick Leidner	1997	SG Frankfurt	EnM
Marten Schmidt	2002	Team Saarland - Swimming	EnM
Nick Werner	2001	Team Saarland - Swimming	EnM
Oliver Klemet	2002	SG Frankfurt	EnM
Silas Beth	2003	SG Bad Schwartau	EnM
Sven Kruse	2003	SG Frankfurt	EnM
Timo Sorgius	2003	Team Saarland - Swimming	EnM
Tobias Düll	2002	SG Frankfurt	EnM

## Wettkampf 5 - 400m Lagen weiblich

CR: 04:49,44 - Kathrin Demler (SG Essen) am 21.03.2014 in Essen

### Pflichtzeiten

und älter: 06:00,00

### Offene Wertung

Platz	Schwimmerin	Jg.	Verein	Endzeit
1.	Giulia Goerigk 50m: 00:30,61 (00:30,61)   100m: 01:06,05 (00:35,44)   150m: 01:43,98 (00:37,93) 200m: 02:20,28 (00:36,30)   250m: 03:01,64 (00:41,36)   300m: 03:42,54 (00:40,90) 350m: 04:15,99 (00:33,45)   400m: 04:47,96 (00:31,97)	2002	SGR Karlsruhe	04:47,96 791 CR

## noch Wettkampf 5 - 400m Lagen weiblich

### noch Offene Wertung

Platz	Schwimmerin	Jg.	Verein	Endzeit
2.	Lisa Maria Ulsamer 50m: 00:32,17 (00:32,17)   100m: 01:09,43 (00:37,26)   150m: 01:50,86 (00:41,43) 200m: 02:31,43 (00:40,57)   250m: 03:15,10 (00:43,67)   300m: 03:58,77 (00:43,67) 350m: 04:34,49 (00:35,72)   400m: 05:09,59 (00:35,10)	2005	SGR Karlsruhe	05:09,59 636
3.	Luisa Gadzalli 50m: 00:32,37 (00:32,37)   100m: 01:10,85 (00:38,48)   150m: 01:49,78 (00:38,93) 200m: 02:28,78 (00:39,00)   250m: 03:14,58 (00:45,80)   300m: 04:00,00 (00:45,42) 350m: 04:38,17 (00:38,17)   400m: 05:14,61 (00:36,44)	2003	SGR Karlsruhe	05:14,61 606
4.	Hanna Seiter 50m: 00:33,67 (00:33,67)   100m: 01:12,47 (00:38,80)   150m: 01:54,48 (00:42,01) 200m: 02:35,80 (00:41,32)   250m: 03:21,37 (00:45,57)   300m: 04:05,10 (00:43,73) 350m: 04:42,21 (00:37,11)   400m: 05:17,70 (00:35,49)	2005	SGR Karlsruhe	05:17,70 589
5.	Anna Busse 50m: 00:34,04 (00:34,04)   100m: 01:15,93 (00:41,89)   150m: 01:59,58 (00:43,65) 200m: 02:42,84 (00:43,26)   250m: 03:30,25 (00:47,41)   300m: 04:17,54 (00:47,29) 350m: 04:56,92 (00:39,38)   400m: 05:35,21 (00:38,29)	1999	SG Neuss	05:35,21 501
6.	Nele Behrendt 50m: 00:34,23 (00:34,23)   100m: 01:15,22 (00:40,99)   150m: 02:01,40 (00:46,18) 200m: 02:45,87 (00:44,47)   250m: 03:33,15 (00:47,28)   300m: 04:19,97 (00:46,82) 350m: 05:00,63 (00:40,66)   400m: 05:38,10 (00:37,47)	2006	SG Essen	05:38,10 488
7.	Liah Großmann 50m: 00:34,70 (00:34,70)   100m: 01:17,64 (00:42,94)   150m: 02:03,02 (00:45,38) 200m: 02:46,43 (00:43,41)   250m: 03:34,67 (00:48,24)   300m: 04:22,20 (00:47,53) 350m: 05:01,42 (00:39,22)   400m: 05:38,18 (00:36,76)	2004	SV Mannheim	05:38,18 488

#### nicht am Start

Ella Gangloff	2005	SG EWR Rheinhessen-Mainz	EnM
Ina Maria Ziemann	2007	SV Blau-Weiß Bochum	EnM
Leni Mund	2007	SG Mülheim	EnM
Maya Brüntrup	2003	SG Bayer	EnM
Zara Selimovic	2007	SG Dortmund	EnM

#### abgemeldet

Christina Düll	2004	SG Frankfurt	EnM
Emelie Schnagl	2001	Team Saarland - Swimming	EnM
Lisa Marie Schulte	2003	SG Frankfurt	EnM
Luca Braun	2004	Team Saarland - Swimming	EnM
Lucie Mosdzien	2005	SV Halle / Saale	EnM
Nicole Maier	2000	SG Gladbeck/Recklinghausen	EnM
Pia Paulina Hesse	2007	SV Mannheim	EnM

## Wettkampf 6 - 400m Lagen männlich

CR: 04:24,48 - Jan David Schepers (SG Essen) am 25.03.2011 in Essen

### Pflichtzeiten

und älter: 05:50,00

### Offene Wertung

Platz	Schwimmer	Jg.	Verein	Endzeit
1.	Cedric Büssing 50m: 00:29,08 (00:29,08)   100m: 01:01,87 (00:32,79)   150m: 01:38,28 (00:36,41) 200m: 02:12,15 (00:33,87)   250m: 02:50,89 (00:38,74)   300m: 03:28,79 (00:37,90) 350m: 03:59,61 (00:30,82)   400m: 04:28,86 (00:29,25)	2003	SG Dortmund	04:28,86 745
2.	Yannick Plasil 50m: 00:27,94 (00:27,94)   100m: 01:00,97 (00:33,03)   150m: 01:37,30 (00:36,33) 200m: 02:13,43 (00:36,13)   250m: 02:52,25 (00:38,82)   300m: 03:31,73 (00:39,48) 350m: 04:04,74 (00:33,01)   400m: 04:36,26 (00:31,52)	2001	SG Gladbeck/Recklinghausen	04:36,26 687
3.	Niko Frese 50m: 00:30,60 (00:30,60)   100m: 01:05,85 (00:35,25)   150m: 01:45,12 (00:39,27) 200m: 02:22,77 (00:37,65)   250m: 03:03,66 (00:40,89)   300m: 03:42,92 (00:39,26) 350m: 04:15,78 (00:32,86)   400m: 04:47,69 (00:31,91)	2003	SG Gladbeck/Recklinghausen	04:47,69 608
4.	Silas Büssing 50m: 00:29,47 (00:29,47)   100m: 01:04,98 (00:35,51)   150m: 01:43,16 (00:38,18) 200m: 02:20,17 (00:37,01)   250m: 03:03,47 (00:43,30)   300m: 03:46,95 (00:43,48) 350m: 04:20,91 (00:33,96)   400m: 04:53,68 (00:32,77)	2005	SG Neuss	04:53,68 572
5.	Jannik Steffens 50m: 00:28,20 (00:28,20)   100m: 01:02,12 (00:33,92)   150m: 01:40,68 (00:38,56) 200m: 02:18,61 (00:37,93)   250m: 03:01,87 (00:43,26)   300m: 03:44,41 (00:42,54) 350m: 04:20,47 (00:36,06)   400m: 04:54,24 (00:33,77)	2004	SG Bayer	04:54,24 569
6.	Tom Rittmann 50m: 00:30,45 (00:30,45)   100m: 01:06,26 (00:35,81)   200m: 02:28,53 (01:22,27) 250m: 03:09,36 (00:40,83)   300m: 03:50,52 (00:41,16)   350m: 04:26,42 (00:35,90) 400m: 05:01,50 (00:35,08)	2004	SGR Karlsruhe	05:01,50 528
7.	Philipp Diehl 50m: 00:32,94 (00:32,94)   100m: 01:12,85 (00:39,91)   150m: 01:52,83 (00:39,98) 200m: 02:32,04 (00:39,21)   250m: 03:13,64 (00:41,60)   300m: 03:56,07 (00:42,43) 350m: 04:30,74 (00:34,67)   400m: 05:03,93 (00:33,19)	2005	TSG Germania Dossenheim	05:03,93 516
8.	Andreas Grass 50m: 00:32,90 (00:32,90)   100m: 01:08,68 (00:35,78)   150m: 01:49,85 (00:41,17) 200m: 02:29,35 (00:39,50)   250m: 03:14,95 (00:45,60)   300m: 03:59,01 (00:44,06) 350m: 04:35,79 (00:36,78)   400m: 05:10,99 (00:35,20)	2006	SG Neuss	05:10,99 482
9.	Stepan Kokh 50m: 00:31,56 (00:31,56)   100m: 01:09,86 (00:38,30)   150m: 01:49,82 (00:39,96) 200m: 02:27,07 (00:37,25)   250m: 03:15,23 (00:48,16)   300m: 04:02,11 (00:46,88) 350m: 04:36,97 (00:34,86)   400m: 05:11,12 (00:34,15)	2002	TSG Germania Dossenheim	05:11,12 481
10.	Jan Hechler 50m: 00:34,55 (00:34,55)   100m: 01:16,46 (00:41,91)   150m: 01:59,00 (00:42,54) 200m: 02:40,53 (00:41,53)   250m: 03:29,05 (00:48,52)   300m: 04:17,82 (00:48,77) 350m: 04:55,84 (00:38,02)   400m: 05:33,44 (00:37,60)	2006	SV Mannheim	05:33,44 391

## noch Wettkampf 6 - 400m Lagen männlich

### noch Offene Wertung

Platz	Schwimmer	Jg.	Verein	Endzeit
	<u>abgemeldet</u>			
	Carl Morris Magold	2004	Team Saarland - Swimming	EnM
	Eugene Zapp	2005	Team Saarland - Swimming	EnM
	Janik Hoffmann	2002	SV Halle / Saale	EnM
	Johannes Paulus	2005	Team Saarland - Swimming	EnM
	Luca Leon Schumacher	2004	Team Saarland - Swimming	EnM
	Lukas Fritzke	2006	Team Saarland - Swimming	EnM
	Moritz Hesse	2005	SV Mannheim	EnM
	Samyar Abdoli	2002	Team Saarland - Swimming	EnM

## Wettkampf 7 - 800m Freistil weiblich

CR: 08:41,60 - Isabelle Härle (SV Nikar Heidelberg) am 27.03.2011 in Essen

### Pflichtzeiten

und älter: 11:00,00

### Offene Wertung

Platz	Schwimmerin	Jg.	Verein	Endzeit
1.	Hannah Schulte	2004	SG Dortmund	09:46,16 565
	50m: 00:32,81 (00:32,81)   100m: 01:07,85 (00:35,04)   150m: 01:44,59 (00:36,74) 200m: 02:21,22 (00:36,63)   250m: 02:58,55 (00:37,33)   300m: 03:35,37 (00:36,82) 350m: 04:12,79 (00:37,42)   400m: 04:49,79 (00:37,00)   450m: 05:27,51 (00:37,72) 500m: 06:05,04 (00:37,53)   550m: 06:42,70 (00:37,66)   600m: 07:19,84 (00:37,14) 650m: 07:57,38 (00:37,54)   700m: 08:34,49 (00:37,11)   750m: 09:11,42 (00:36,93) 800m: 09:46,16 (00:34,74)			
2.	Lara Beckers	2000	SG Neuss	09:46,56 564
	50m: 00:32,91 (00:32,91)   100m: 01:09,13 (00:36,22)   150m: 01:45,68 (00:36,55) 200m: 02:22,96 (00:37,28)   250m: 02:59,24 (00:36,28)   300m: 03:36,64 (00:37,40) 350m: 04:13,45 (00:36,81)   400m: 04:50,95 (00:37,50)   450m: 05:28,09 (00:37,14) 500m: 06:06,25 (00:38,16)   550m: 06:43,73 (00:37,48)   600m: 07:21,48 (00:37,75) 650m: 07:58,72 (00:37,24)   700m: 08:36,79 (00:38,07)   750m: 09:14,10 (00:37,31) 800m: 09:46,56 (00:32,46)			
3.	Isabell Droll	2004	SG Essen	09:50,06 554
	50m: 00:31,91 (00:31,91)   100m: 01:06,06 (00:34,15)   150m: 01:42,31 (00:36,25) 200m: 02:18,38 (00:36,07)   250m: 02:55,68 (00:37,30)   300m: 03:32,62 (00:36,94) 350m: 04:10,55 (00:37,93)   400m: 04:47,91 (00:37,36)   450m: 05:26,46 (00:38,55) 500m: 06:04,24 (00:37,78)   550m: 06:42,44 (00:38,20)   600m: 07:20,05 (00:37,61) 650m: 07:58,44 (00:38,39)   700m: 08:35,89 (00:37,45)   750m: 09:14,10 (00:38,21) 800m: 09:50,06 (00:35,96)			

## noch Wettkampf 7 - 800m Freistil weiblich

### noch Offene Wertung

Platz	Schwimmerin	Jg.	Verein	Endzeit
4.	Anna Busse	1999	SG Neuss	10:02,88 519
	50m: 00:33,08 (00:33,08)   100m: 01:09,31 (00:36,23)   150m: 01:47,12 (00:37,81) 200m: 02:24,45 (00:37,33)   250m: 03:02,17 (00:37,72)   300m: 03:39,65 (00:37,48) 350m: 04:18,45 (00:38,80)   400m: 04:56,37 (00:37,92)   450m: 05:35,03 (00:38,66) 500m: 06:12,89 (00:37,86)   550m: 06:51,73 (00:38,84)   600m: 07:29,96 (00:38,23) 650m: 08:09,05 (00:39,09)   700m: 08:47,72 (00:38,67)   750m: 09:26,64 (00:38,92) 800m: 10:02,88 (00:36,24)			
5.	Alina Bongers	2005	SG Gladbeck/Recklinghausen	10:04,92 514
	50m: 00:32,47 (00:32,47)   100m: 01:08,40 (00:35,93)   150m: 01:46,10 (00:37,70) 200m: 02:23,58 (00:37,48)   250m: 02:59,68 (00:36,10)   300m: 03:40,16 (00:40,48) 350m: 04:18,73 (00:38,57)   400m: 04:56,69 (00:37,96)   450m: 05:35,54 (00:38,85) 500m: 06:14,11 (00:38,57)   550m: 06:53,72 (00:39,61)   600m: 07:32,31 (00:38,59) 650m: 08:11,67 (00:39,36)   700m: 08:50,41 (00:38,74)   750m: 09:28,51 (00:38,10) 800m: 10:04,92 (00:36,41)			
6.	Maya Wolkowski	2005	SG Gladbeck/Recklinghausen	10:07,85 507
	50m: 00:33,35 (00:33,35)   100m: 01:10,32 (00:36,97)   150m: 01:47,87 (00:37,55) 200m: 02:26,16 (00:38,29)   250m: 03:04,20 (00:38,04)   300m: 03:42,91 (00:38,71) 350m: 04:21,03 (00:38,12)   400m: 05:00,15 (00:39,12)   450m: 05:38,75 (00:38,60) 500m: 06:17,97 (00:39,22)   550m: 06:56,97 (00:39,00)   600m: 07:35,71 (00:38,74) 650m: 08:14,29 (00:38,58)   700m: 08:52,69 (00:38,40)   750m: 09:29,52 (00:36,83) 800m: 10:07,85 (00:38,33)			
7.	Rebekka Höffken	2007	SG Mülheim	10:15,59 488
	50m: 00:32,65 (00:32,65)   100m: 01:10,31 (00:37,66)   150m: 01:49,35 (00:39,04) 200m: 02:28,45 (00:39,10)   250m: 03:07,81 (00:39,36)   300m: 03:46,76 (00:38,95) 350m: 04:26,46 (00:39,70)   400m: 05:05,66 (00:39,20)   450m: 05:45,12 (00:39,46) 500m: 06:25,11 (00:39,99)   550m: 07:04,39 (00:39,28)   600m: 07:43,17 (00:38,78) 650m: 08:22,67 (00:39,50)   700m: 09:01,36 (00:38,69)   750m: 09:40,08 (00:38,72) 800m: 10:15,59 (00:35,51)			
8.	Laura Sophie Kohlmann	2009	SG Essen	11:03,33 390
	50m: 00:35,73 (00:35,73)   100m: 01:16,48 (00:40,75)   150m: 01:58,32 (00:41,84) 200m: 02:40,93 (00:42,61)   250m: 03:22,62 (00:41,69)   300m: 04:05,28 (00:42,66) 350m: 04:48,19 (00:42,91)   400m: 05:30,83 (00:42,64)   450m: 06:12,68 (00:41,85) 500m: 06:55,78 (00:43,10)   550m: 07:37,95 (00:42,17)   600m: 08:19,27 (00:41,32) 650m: 09:01,92 (00:42,65)   700m: 09:43,00 (00:41,08)   750m: 10:24,36 (00:41,36) 800m: 11:03,33 (00:38,97)			
9.	Sophie Kroner	2004	TVE Greven	11:20,15 362
	50m: 00:35,21 (00:35,21)   100m: 01:15,28 (00:40,07)   150m: 01:56,99 (00:41,71) 200m: 02:39,42 (00:42,43)   250m: 03:22,14 (00:42,72)   300m: 04:05,40 (00:43,26) 350m: 04:48,49 (00:43,09)   400m: 05:32,18 (00:43,69)   450m: 06:15,93 (00:43,75) 500m: 06:59,79 (00:43,86)   550m: 07:43,21 (00:43,42)   600m: 08:27,39 (00:44,18) 650m: 09:10,79 (00:43,40)   700m: 09:54,69 (00:43,90)   750m: 10:38,45 (00:43,76) 800m: 11:20,15 (00:41,70)			

## noch Wettkampf 7 - 800m Freistil weiblich

### noch Offene Wertung

Platz	Schwimmerin	Jg.	Verein	Endzeit
10.	Thalea Noelle Bermann	2009	SG Essen	11:38,30 334
	50m: 00:37,30 (00:37,30)   100m: 01:20,25 (00:42,95)   150m: 02:03,39 (00:43,14) 200m: 02:48,10 (00:44,71)   250m: 03:31,96 (00:43,86)   300m: 04:16,72 (00:44,76) 350m: 05:00,12 (00:43,40)   400m: 05:45,47 (00:45,35)   450m: 06:29,40 (00:43,93) 500m: 07:14,64 (00:45,24)   550m: 07:59,22 (00:44,58)   600m: 08:44,09 (00:44,87) 650m: 09:27,60 (00:43,51)   700m: 10:12,22 (00:44,62)   750m: 10:55,55 (00:43,33) 800m: 11:38,30 (00:42,75)			

#### nicht am Start

Amelie Racky	2005	SG EWR Rheinhessen-Mainz	EnM
Juli Clara Schmell	2006	SG EWR Rheinhessen-Mainz	EnM

#### abgemeldet

Jana-Caterina Kasper	2005	Team Saarland - Swimming	EnM
Katharina Zwing	2005	Team Saarland - Swimming	EnM
Laura Riedemann	1998	SV Halle / Saale	EnM
Naomi-Grace Lipka	2002	SG Gladbeck/Recklinghausen	EnM

## Punktbeste Leistung W

### Zwischenstand nach Wettkampf 7

Platz	Schwimmerin	Jg.	Verein	Punkte
1.	Giulia Goerigk aus Wettkampf 5 - 400m Lagen weiblich: 04:47,96	2002	SGR Karlsruhe	791
2.	Rosalie Kleyboldt aus Wettkampf 3 - 400m Freistil weiblich: 04:21,24	2003	SG Essen	741
3.	Evelin Edel aus Wettkampf 1 - 1500m Freistil weiblich: 17:14,41	2003	TV Jahn Hiesfeld	704
4.	Lisa Maria Ulsamer aus Wettkampf 5 - 400m Lagen weiblich: 05:09,59	2005	SGR Karlsruhe	636
5.	Theresa Bechtel aus Wettkampf 3 - 400m Freistil weiblich: 04:38,80	2001	SC Aqua Köln	610
6.	Blanca Brune aus Wettkampf 3 - 400m Freistil weiblich: 04:39,04	2006	SG Gladbeck/Recklinghausen	608
7.	Luisa Gadzalli aus Wettkampf 5 - 400m Lagen weiblich: 05:14,61	2003	SGR Karlsruhe	606
8.	Francisca Kensmann aus Wettkampf 1 - 1500m Freistil weiblich: 18:10,17	2004	SG Essen	601
9.	Hanna Seiter aus Wettkampf 5 - 400m Lagen weiblich: 05:17,70	2005	SGR Karlsruhe	589
10.	Mona Klein aus Wettkampf 3 - 400m Freistil weiblich: 04:43,62	2003	SG Neuss	579

### Wettkampf 8 - 1500m Freistil männlich

CR: 15:20,41 - Poul Zellmann (SG Essen) am 04.03.2016 in Essen

#### **Pflichtzeiten**

und älter: 21:00,00

#### **Offene Wertung**

Platz	Schwimmer	Jg.	Verein	Endzeit
1.	Finn Hammer 50m: 00:30,80 (00:30,80)   100m: 01:05,57 (00:34,77)   150m: 01:40,83 (00:35,26) 200m: 02:16,31 (00:35,48)   250m: 02:52,02 (00:35,71)   300m: 03:27,84 (00:35,82) 350m: 04:03,83 (00:35,99)   400m: 04:40,32 (00:36,49)   450m: 05:16,31 (00:35,99) 500m: 05:52,19 (00:35,88)   550m: 06:28,45 (00:36,26)   600m: 07:03,87 (00:35,42) 650m: 07:40,00 (00:36,13)   700m: 08:15,45 (00:35,45)   750m: 08:51,59 (00:36,14) 800m: 09:27,24 (00:35,65)   850m: 10:03,80 (00:36,56)   900m: 10:39,46 (00:35,66) 950m: 11:15,77 (00:36,31)   1000m: 11:51,80 (00:36,03)   1050m: 12:28,03 (00:36,23) 1100m: 13:03,76 (00:35,73)   1150m: 13:39,70 (00:35,94)   1200m: 14:15,38 (00:35,68) 1250m: 14:51,20 (00:35,82)   1300m: 15:27,27 (00:36,07)   1350m: 16:03,02 (00:35,75) 1400m: 16:38,36 (00:35,34)   1450m: 17:13,84 (00:35,48)   1500m: 17:47,72 (00:33,88)	17:47,72	542	



## noch Wettkampf 8 - 1500m Freistil männlich

### noch Offene Wertung

Platz	Schwimmer	Jg.	Verein	Endzeit	
2.	Jonathan Rollwa	2003	SG EWR Rheinhessen-Mainz	18:07,77	513
	50m: 00:33,62 (00:33,62)   100m: 01:09,82 (00:36,20)   150m: 01:46,05 (00:36,23) 200m: 02:22,10 (00:36,05)   250m: 02:58,38 (00:36,28)   300m: 03:34,62 (00:36,24) 350m: 04:11,24 (00:36,62)   400m: 04:47,53 (00:36,29)   450m: 05:23,90 (00:36,37) 500m: 06:00,11 (00:36,21)   550m: 06:36,61 (00:36,50)   600m: 07:12,99 (00:36,38) 650m: 07:49,53 (00:36,54)   700m: 08:25,75 (00:36,22)   750m: 09:02,07 (00:36,32) 800m: 09:38,15 (00:36,08)   850m: 10:14,66 (00:36,51)   900m: 10:50,91 (00:36,25) 950m: 11:27,46 (00:36,55)   1000m: 12:03,90 (00:36,44)   1050m: 12:40,61 (00:36,71) 1100m: 13:16,86 (00:36,25)   1150m: 13:53,68 (00:36,82)   1200m: 14:30,30 (00:36,62) 1250m: 15:06,89 (00:36,59)   1300m: 15:43,67 (00:36,78)   1350m: 16:20,79 (00:37,12) 1400m: 16:57,27 (00:36,48)   1450m: 17:33,64 (00:36,37)   1500m: 18:07,77 (00:34,13)				
3.	Ben Wenschuch	2006	SV Blau-Weiß Bochum	18:41,08	469
	50m: 00:31,10 (00:31,10)   100m: 01:07,47 (00:36,37)   150m: 01:43,35 (00:35,88) 200m: 02:20,70 (00:37,35)   250m: 02:57,40 (00:36,70)   300m: 03:34,93 (00:37,53) 350m: 04:12,43 (00:37,50)   400m: 04:50,30 (00:37,87)   450m: 05:28,03 (00:37,73) 500m: 06:06,61 (00:38,58)   550m: 06:45,14 (00:38,53)   600m: 07:23,13 (00:37,99) 650m: 08:01,15 (00:38,02)   700m: 08:39,88 (00:38,73)   750m: 09:16,59 (00:36,71) 800m: 09:54,59 (00:38,00)   850m: 10:31,81 (00:37,22)   900m: 11:09,24 (00:37,43) 950m: 11:46,76 (00:37,52)   1000m: 12:24,92 (00:38,16)   1050m: 13:02,28 (00:37,36) 1100m: 13:40,53 (00:38,25)   1150m: 14:18,15 (00:37,62)   1200m: 14:56,40 (00:38,25) 1250m: 15:34,16 (00:37,76)   1300m: 16:13,63 (00:39,47)   1350m: 16:51,36 (00:37,73) 1400m: 17:29,21 (00:37,85)   1450m: 18:05,29 (00:36,08)   1500m: 18:41,08 (00:35,79)				
4.	Nathanael Doll	2005	SG EWR Rheinhessen-Mainz	18:44,24	465
	50m: 00:33,88 (00:33,88)   100m: 01:11,11 (00:37,23)   150m: 01:48,20 (00:37,09) 200m: 02:25,89 (00:37,69)   250m: 03:03,21 (00:37,32)   300m: 03:40,68 (00:37,47) 350m: 04:18,16 (00:37,48)   400m: 04:55,94 (00:37,78)   450m: 05:32,77 (00:36,83) 500m: 06:11,12 (00:38,35)   550m: 06:48,45 (00:37,33)   600m: 07:26,95 (00:38,50) 650m: 08:04,05 (00:37,10)   700m: 08:42,05 (00:38,00)   750m: 09:19,71 (00:37,66) 800m: 09:57,72 (00:38,01)   850m: 10:35,05 (00:37,33)   900m: 11:13,77 (00:38,72) 950m: 11:51,59 (00:37,82)   1000m: 12:29,51 (00:37,92)   1050m: 13:07,00 (00:37,49) 1100m: 13:44,82 (00:37,82)   1150m: 14:22,54 (00:37,72)   1200m: 15:00,17 (00:37,63) 1250m: 15:38,01 (00:37,84)   1300m: 16:15,76 (00:37,75)   1350m: 16:53,30 (00:37,54) 1400m: 17:31,13 (00:37,83)   1450m: 18:08,42 (00:37,29)   1500m: 18:44,24 (00:35,82)				

#### nicht am Start

Yannik Wasserzier 2001 SG EWR Rheinhessen-Mainz EnM

#### abgemeldet

Julian Krüger 2007 SG Essen EnM  
Nikita Sorel Haubrich 2006 Team Saarland - Swimming EnM  
Oliver Klemet 2002 SG Frankfurt EnM

## Punkbeste Leistung M

### Zwischenstand nach Wettkampf 8

Platz	Schwimmer	Jg.	Verein	Punkte
1.	Poul Zellmann aus Wettkampf 4 - 400m Freistil männlich: 03:56,92	1995	SG Essen	801
2.	Cedric Büssing aus Wettkampf 6 - 400m Lagen männlich: 04:28,86	2003	SG Dortmund	745
3.	Aaron Schmidt aus Wettkampf 2 - 800m Freistil männlich: 08:24,78	2000	SG Neuss	718
4.	Yannick Plasil aus Wettkampf 6 - 400m Lagen männlich: 04:36,26	2001	SG Gladbeck/Recklinghausen	687
5.	Niko Frese aus Wettkampf 2 - 800m Freistil männlich: 08:40,79	2003	SG Gladbeck/Recklinghausen	654
6.	Gerard Serrano Pol aus Wettkampf 4 - 400m Freistil männlich: 04:14,37	2003	SGR Karlsruhe	647
7.	Pierce Colby aus Wettkampf 2 - 800m Freistil männlich: 08:47,33	2004	SG Dortmund	630
7.	Tobias van Aggelen aus Wettkampf 2 - 800m Freistil männlich: 08:47,19	2004	SG Neuss	630
9.	Thure Stian Müller aus Wettkampf 2 - 800m Freistil männlich: 08:48,09	2003	SGR Karlsruhe	627
10.	Leon Heiermann aus Wettkampf 2 - 800m Freistil männlich: 08:54,35	2002	SG Dortmund	605

Essen Rüttenscheid, den 13.03.2020

Abschnittende: 18:06 Uhr

Protokollende: 18:09 Uhr

gez. Astrid Hegemann

gez. Thomas Wachholz

gez. Ralf Kirchmayer

Schiedsrichter weiblich

Schiedsrichter männlich

Protokollführer